



January Nurse's Notes

Happy New Year!!!

Re-Enrollment & Updates

As you are completing re-enrollment packets, please include updates of any allergies, medical conditions and/or medications for your child/children in the medical section. Even if your child is not provided medication at school, it is information we should have on hand in case of emergency.

Immunization and School Entrance Health Forms

Students enrolling in **Kindergarten** need to have a [Commonwealth of Virginia School Entrance Health form](#). Physicals, including updated immunizations, must have been **on or after August 20th, 2023**. Please **submit the entire document**. If your child has had their physical within this timeframe, you only need to request the form from their doctor. This form should not require an additional doctor's visit. Many doctor's offices get busy over the summer with form requests, please ask for this as soon as possible. Your child may not attend school until these papers are provided and are reviewed by the school nurse. Feel free to start sending them in from now.

Rising 7th grade students must provide updated immunization forms showing that they have received a Tetanus, diphtheria, pertussis vaccine (Tdap) and the 1st Meningococcal (MenACWY) vaccine. HPV vaccine is recommended but not required by the Catholic Diocese of Richmond. A formal letter will be sent later this year. As stated above, students will not be allowed to start school without the appropriate immunization records. Please start sending them in from now.

Scoliosis Letter

Information regarding scoliosis will be sent to families of 5th - 8th grade students. This content is for educational awareness purposes. Screenings will not occur here at



school, but should be done at your child's regular pediatrician visits. Do not hesitate to contact me with any questions regarding scoliosis.



Injuries with Activity Restrictions

Please remember that if your child suffers an injury that requires activities restrictions, CCS needs a medical note outlining restrictions. We also require follow up stating when restrictions are either modified or removed.

Colder Weather means Warmer Clothes

Please remember that upon our return from Thanksgiving break, winter dress is in place. Children also need to be sent with appropriate weather clothing. This could mean gloves, hats, coats/jackets, etc. As more items are worn into school, less items may make it home. Please write your child's name in any items you wish not to lose.



Reminder about Clinic Visit Notes

When your child visits the nurse, you may receive a phone call, paper note or email communication. Typically, paper notes are the preferred method of communication for grades JK-5. These notes would be located in the homework folders. Please remember to check your child's folder.

If at any time you have questions or concerns, please reach out to me directly at s.queheillalt@cvillecatholic.org or 434-964-0400.